

From: **St. Francis Episcopal Church** vicar@stfrancisva.org  
Subject: Breaking Down Walls  
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To: mjweatherford16@gmail.com



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July 31, 2019

## Breaking Down Walls

*And a vision appeared to Paul in the night: a man of Macedonia was standing there, urging him and saying, "Come over to Macedonia and help us."  
Acts 16:9*

### ***Frustrations***

There are many times I have felt frustrated with things, even things in

There are many times I have felt frustrated with things, even things in the church! I have wanted things to go forward and they seemed to go backward. I have wanted to see a certain progress only to have things seem to stand still. I have wanted to break down walls so that we could move along. Paul was at times blocked from going places. The incident in the verse above happened in a short period in which Paul was blocked by the Holy Spirit from going to one place and then was sent to another. It seems when Paul went to Macedonia things turned out well (see the rest of Acts Chapter 16).

### ***Following***

Breaking down walls on our own is a sign of frustration. It does not go well with ministry, and many other things. Following the leading of the Spirit of God is what brings us to fruitful outcomes. There is a shift that needs to be made in our thinking: From trying to break through on our own to joining in with God's grace. The things we really want to see happen in our lives, the heartfelt, soul deep desires are things that God wasn't to see more than we do. God is the one who created us with those desires. God is already working on fulfilling the desires that were placed in our hearts. Our job is to look for God and follow God. It is always by grace that we breakthrough.

## **Coming Attractions**

***Sunday, August 4, 2019*** Worship at 10:00am

***Sunday, August 11, 2019*** Worship at 10:00am

***The first Sunday of each month***, after church, Karen & Chris Webber will be collecting donated food from the Food Lion in Centerville and taking it to the food pantry. This would be an ideal time for anyone in the church to bring in their own donations!! The food pantry is in dire need of cereal, canned soups, and canned vegetables (not generally things donated by grocery stores). If this is something you would like to contribute to, just bring it to church and we would make sure it was delivered to the food pantry.

***Please help us in the fun sharing our favorite recipes***, in the form of a St. Francis cookbook. Please bring your recipes to the pot luck each month, and give to Libby or Karen. You can also email

to [lcp@libbyclarkphotography.com](mailto:lcp@libbyclarkphotography.com).

### ***Centerville Circle of Prayer***

Capital Tristate, Stephen Sanders, manager, that many businesses would be supported well by this branch.

### ***The Diocese of Virginia***

For all members of Outreach/Mission committees and all those for whom they labor

### ***The Anglican Communion***

For the people of the Dioceses of Nzara (South Sudan) The Rt Revd Samuel Peni Enosa Blackburn (England) The Rt Revd Julian Tudor Henderson Blackburn (England) The Revd Dr Jill Duff Blackburn (England) The Rt Revd Philip North Bo (Sierra Leone) (West Africa) The Rt Revd Emmanuel Tucker that they would continually walk in the power of the Holy Spirit.

Grace and Peace,

John Maher

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