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Make Us Channels of Your Peace

St. Francis Episcopal Church



September 30, 2020

Would You Repeat That Please

*The steadfast love of the Lord never ceases, his mercies never come to an end, they are new every morning; great is your faithfulness.
Lamentations 3:22+23*

Repetition Is Not Meaningless

While we are taking precautions during a pandemic we might try a new spiritual practice or two. As we get underway with those practices we may find that we become bored. We may start thinking that the repetition needed to maintain those practices makes them meaningless. However, repetition is not really meaningless when it comes to spiritual practices (as it does for practice of anything that is worthwhile). It is the repeating of spiritual practices, even when our mind wanders and we wish we were doing something else, that we are able to grow more and more in the love of God. Our realization of how much God loves us increases as does our growing realization that we love God more each day.

Repetition Brings Results

Repeating spiritual practices transforms our character to be more like Jesus. James K. A. Smith says it very well, " . . . we need to immerse ourselves in rituals and rhythms and practices whereby the love of God seeps into our very character and is woven into not just how we think but *who we are* ([Desiring the Kingdom](#), page 187). What disciplines is God asking of you? Maybe there is a small discipline you have never done before that would prove to be a good one to pick up. Reading one Bible verse a day, repeating the Lord's Prayer at a certain time each day are some examples. Ask God to show you which discipline to pick up. Then--- give it a try.

Coming Attractions

Sunday, October 4, 2020 - Morning Prayer on *Zoom* at 10:00AM

Centerville Circle of Prayer

For Yu's Chinese Restaurant, that employees and customers would be safe and that business would increase

The Diocese of Virginia

For the people of Christchurch School, Christchurch; St. Francis, Manakin-Sabot; Emmanuel, Alexandria; St. Gabriel's. Leesburg; All Souls, Atlee that they would continually walk in the power of the Holy Spirit.

The Anglican Communion

For the people of the Dioceses of Pennsylvania(The Episcopal Church) The Rt Revd Daniel Gutierrez; Chester(England) The Rt Revd Peter Robert Forster that they would continually walk in the power of the Holy Spirit.

Grace and Peace,

John Maher



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